

# Hello, and welcome to the trail of Skogsmulle!



Begin the trail at Sunnerstastugan and follow the signs that lead to Skogsmulle's hut. There are numbered posts along the trail with Skogsmulle's face on them, they mark assignment stations. You will find the same numbers here in the text as on the posts, which tells you what to do at the different stations. **There is a book that more thoroughly explains the stations, with approximately 90 coloured images and short descriptions of plants and animals. The book is available for purchase at Sunnerstastugan, but it is in Swedish.**

**1. ASSIGNMENT:** Take a look around and see how many different kinds of hardwood you can find. In the winter you can examine the difference between different kinds of buds.

**2. ASSIGNMENT:** Pick up a cone, or if it's winter, make a snowball, and throw it into the wooden circle. Look around and see if you can find both spruce- and pinecones. Some of the cones have been eaten by animals. Can you guess what animal it could have been?

**3. ASSIGNMENT 1:** On the hazel on the left side of the trail you can look for hazel nuts. Leave them on the bush if you find any. There are many animals who like these nuts.

**ASSIGNMENT 2:** On the right side of the trail there's a big spruce. On the tree-trunk there has been flowing resin that has stiffened. Rub it slightly with your finger and smell it.

**Be careful, there may be fresh resin!**

**4. ASSIGNMENT:** Count the year rings on the spruce stump, to know how old the tree was when it was cut down. The bright rings are marks after the growth in the spring, and the darker are the growth during the summer and autumn, in the winter the tree won't grow at all. One bright and one dark ring represents one year.

The pine stump will decay from the edges to the center. It will become like a tip. The spruce stump will decay from the center and out, it will become like a pit. In the end the entire stumps will be fully decomposed.

**5. ASSIGNMENT 1:** Can you see the traces, which animal has been walking here? How many paw prints are there? In which direction did the animal go? A hint, the animal is said to be cunning and its' tail has a white tip.

**ASSIGNMENT 2:** Take two stones and smell them. Rub them against each other and smell them again, can you smell the difference? Touch the stones, how do they feel? Are they sharp or smooth? Compare a big and a small stone.

**ASSIGNMENT 3:** Feel how soft moss can be. If moss doesn't get enough water it turns dry, but as soon as it gets enough water it will turn soft again. Look closer at moss, there are several different types of moss.

**6. ASSIGNMENT 1:** Balance on the log. Can you walk without holding on to something? If not, take some support from the railing.

**ASSIGNMENT 2:** There is an animal that is very good at balancing. Can you see the squirrel (made out of wood) in one of the trees near the balancing log? Do you know the tale "The Three Goats Gruff"? You can play it here if you are two or more.

**ASSIGNMENT 3:** Balance on the stump. Can you stand on one leg? If you are many, how many can you stand on it at the same time? Count the number of feet on the stump.



**7. ASSIGNMENT:** Make some music with the logs that stand together, use the stick in the "bird-house" If there is no stick, go and find one in the forest. The logs are made out of three different types of wood. Turn around and play with the bigger logs behind you. Do they sound the same? Please put the stick back into the "birdhouse" so others may use it as well.

**8. ASSIGNMENT:** Take a look around and see if you can spot four different bird silhouettes, look towards station 5 and 6 as well. You can see a picture of how a silhouette may look like to the right. There are a number of birdhouses that have been put up in the trees around you, if it's spring or summer someone might live in them. If you look at them for a while a bird might come by. Don't forget to listen, are there any birds singing?



**9. ASSIGNMENT 1:** Can you jump as far as the animals (marked on the log) or if you're in a wheelchair, how many arm pulls do you need to get just as far as them? Count how many steps it takes, when putting one foot in front of the other. On the posts you can see how far the world's best man and woman jump in long jump (the records was valid 20100815).

**ASSIGNMENT 2:** Balance on, or walk zigzag around the stumps. Challenge an adult. How many stumps are there?

**10. ASSIGNMENT:** Who has been walking here? Compare with your hand, is it larger or smaller than the tracks?

If you are here in the autumn you can probably see berries growing around you, do you know their names?

In the rest of the year you may be looking at the blueberry bushes. The animals are bear and roe deer.

**ASSIGNMENT 2:** Do you know any songs or games about any of the animals?

**ASSIGNMENT 3:** How many steps does it take for you to get to the top of the fallen tree? Some insects and mushrooms live on these fallen trees.



Welcome to the Mulle-hut.  
Here you can sit, rest or, for example,  
eat your picnic